

Conference Agenda

**Sustaining our Advocates of Older Adults
with Intellectual Disabilities**

Thursday, October 25, 2018

7:30 a.m. to 4:30 p.m.

De Sales University Center
2755 Station Avenue
Center Valley, PA

7:30-8:15 a.m.

Continental Breakfast and Registration

8:15-8:30 a.m.

Welcome and Introductions

8:30-10:00 a.m.

Take Charge of Change by Choice

Dana Lightman, Ph.D

10:00-10:15 a.m.

Break

10:15-11:45 a.m.

Session One

11:45-1:00 p.m.

Lunch

1:00-2:30 p.m.

Session Two

2:30-2:45 p.m.

Break

2:45-4:15 p.m.

Session Three

4:15-4:30 p.m.

Evaluations and Certificates



CEDAR CREST
COLLEGE

Northampton
Community College

Northampton Community College is an approved provider of continuing nursing education by PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please contact judithstanczak@lehighcounty.org or call 610.782.3094 for any provisions or special needs.

Sustaining our Advocates of Older Adults with Intellectual Disabilities

**Thursday, October 25, 2018
7:30 a.m. to 4:30 p.m.**

De Sales University Center
2755 Station Avenue
Center Valley, PA



A conference to educate professionals about supporting individuals who are aging with an intellectual disability and those that care for them.

Registration Form

Deadline to Register: October 12, 2018

Name: _____

Agency: _____

Address: _____

Phone: _____

Email: _____

Select sessions from list of topics in this brochure:

Circle one for each session:

Session One : A B

Session Two: C D

Session Three: E F

Please select interested credits:

____ Social Work ____ RN

____ Personal Care Home Administrator

License Number: _____

Cost for conference \$45.00

Conference limited to 150 participants.

Mail this form with check payment to:

Lehigh County Aging and Adult Services

Lehigh County Government Center

17 South 7th Street

Allentown, PA 18101

Attn: Wayne Schiff

Breakout Sessions

Session One:

(A) Differentiating Mood Disorders from Cognitive Changes

Renee Cantwell, Ph.D

(B) Impact of Trauma on the Caregiving Experience

Christine Hunsberger M.Ed, NCC, LPC and Colleen Rieger, LSW—Merakey

Session Two:

(C) Seniors and Bullying

David Shallcross— PA Office of Attorney General

(D) Compassion Fatigue

Becki Fahs, RNC, BSN—the Advocacy Alliance

Session Three:

(E) Substance Abuse & Medication Misuse

Linda Shumaker, RN-BC, MA

(F) Dealing with Grief and Loss

Meredith Fleshman, MA, ATC-BC, LPC—Lehigh Valley Hospice

Target Audience

- Supervisors and staff from the offices of aging, intellectual disabilities, and mental health.
- Service Coordination entities.
- Staff from personal care homes, assisted living facilities, nursing homes, and group homes.
- Staff from provider agencies of aging & intellectual disabilities services.
- Families of adults with developmental disabilities.

Objectives

Conference participants will be able to:

- Understand the difficulty differentiating mood from cognitive changes.
- Define trauma in a way that challenges understanding and respects its scope and prevalence in our work.
- Identify ways to recognize bullying issues and how to change the environment.
- Define and describe compassion fatigue, including its symptoms.
- Identify the difficulty in recognizing substance abuse and the prevalence in older adults.
- Learn ways to process grief and loss while dealing with consumers.

Cut on dotted line.